



**Muscogee County School District**

**School Nutrition Program**

**February 2019 High School Menu**



Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast	
4-Feb	5	6	7	8	(M) Pancakes w/ Cinnamon Glaze (T) Breakfast Pizza (W) Cinnamon Roll (Th) Waffle Sandwich (F) Cheese Grits n' Sausage w/ Toast	
 <b>Chili Dog</b> Harvest of the Month: Buffalo Cauliflower Bites	<b>Nacho Bar</b>	<b>Salisbury Steak w/ Roll</b>	<b>Baked or Oven Fried Chicken w/ Cornbread or Mac n' Cheese</b>	<b>Philly Cheesesteak Sandwich</b>		
11	12	13	14	15	(M) Filled Crescent Roll (T) Breakfast Pizza (W) Donut (Th) Sausage n' Cheese Croissant (F) Grits n' Sausage w/ Toast	
<b>Chicken Parmesan Sandwich</b>	<b>Nacho Bar</b>	<b>Soup n' Sandwich:</b> Grilled Cheese Sandwich Beef Vegetable Soup  Harvest of the Month: Parmesan Roasted Cauliflower	<b>Baked or Oven Fried Chicken w/ Cornbread or Mac n' Cheese</b>  Rips Slush for Valentines Day	<b>Boneless Buffalo Bites w/ Breadstick</b>		
18	19	20	21	22	(T) Breakfast Pizza (W) Cinnamon Roll (Th) Waffle Sandwich (F) Cheese Grits n' Sausage w/ Toast	
<b>NO SCHOOL</b>	<b>Nacho Bar</b>	<b>Chicken &amp; Broccoli Alfredo Pasta w/ Cheese Filled Breadstick</b>	<b>Baked or Oven Fried Chicken w/ Cornbread or Mac n' Cheese</b>	<b>Seafood Basket: Fish Nuggets, Shrimp Poppers, Hushpuppies, Cole Slaw, &amp; Tater Tots</b>		
25	26	27	28	1-Mar	(M) French Toast Sticks (T) Breakfast Pizza (W) Donut (Th) Sausage n' Cheese Croissant (F) Grits n' Sausage w/ Toast	
<b>Mandarin Orange Chicken w/ Egg Roll</b>	<b>Nacho Bar</b>	<b>Spaghetti n' Meat Sauce w/ Cheese Filled Breadstick</b>  Harvest of the Month: Parmesan Roasted Cauliflower 	<b>Baked or Oven Fried Chicken w/ Cornbread or Mac n' Cheese</b>	<b>Breakfast for Lunch: French Toast Sticks, Sausage, &amp; Eggs</b>		
<b>Offered Daily: Assorted Pizza, Cold Plates, Hot Sandwiches, Fresh Fruits, Vegetables, Fruit Juices, &amp; Milk Choices</b>		*Alternate Entrees That May Be Available*			* Breakfast Choices That May Be Available *	
		PB&J, Deli Sandwich or Wrap, Turkey, Tuna, Chicken or Ham Chef Salads, Fruit n' Yogurt Plate			Available Daily for Breakfast: Assorted Grab n' Go Bags, Cereal, Cereal Bars, Muffins, Pop tarts, & A Biscuit of the Day	
		" This Institution is an Equal Opportunity Provider"				