



**Muscogee County School District**  
**School Nutrition Program**  
**January 2019 Middle School Menu**



Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast
7-Jan	8-Jan	9	10	11	
<b>Winter Break</b>		<b>1. Chicken &amp; Broccoli Alfredo Pasta w/ Garlic Bread</b> <b>2. Cheese Filled Breadsticks w/ Marinara</b>	<b>1. Popcorn Chicken w/ Roll</b> <b>2. Mini Corn Dogs</b>	<b>1. Cheese or Pepperoni Pizza</b> <b>2. Chicken Sandwich</b>	(W) Donut (Th) Biscuit Variety (F) Grits and Sausage
14	15	16	17	18	
<b>1. Mandarin Orange Chicken w/ Fried Rice &amp; Egg Roll</b> <b>2. Hamburger</b>	<b>1. BBQ Sandwich</b> <b>2. Hot Dog</b>	<u>Soup n' Sandwich:</u> <b>1. Grilled Cheese Sandwich w/ Beef Vegetable Soup</b> <b>2. Cheese Filled Breadsticks w/ Marinara</b>	<b>1. Baked or Oven Fried Chicken w/ Mac n' Cheese</b> <b>2. Mini Corn Dogs</b>	<b>1. Cheese or Pepperoni Pizza</b> <b>2. Buffalo Chicken Sandwich</b>	(M) French Toast Sticks (T) Breakfast Pizza (W) Donut (Th) Biscuit Variety (F) Grits and Sausage
21	22	23	24	25	
<b>NO SCHOOL</b> <b>MLK Jr. Day</b>	<b>1. Nachos</b> <b>2. Quesadilla</b>	<b>1. Salisbury Steak w/ Roll</b> <b>2. Buffalo Chicken Sandwich</b>	<b>1. Baked or Oven Fried Chicken w/ Cornbread</b> <b>2. Mini Corn Dogs</b>	<b>1. Cheese or Pepperoni Pizza</b> <b>2. Pepper Jack Cheese Burger</b>	(T) Breakfast Pizza (W) Cinnamon Roll (Th) Biscuit Variety (F) Grits and Sausage
28	29	30	31	1-Feb	
<b>1. Rib-A-Q Sandwich</b> <b>2. Popcorn Chicken w/ Breadstick</b>	<b>1. BBQ Sandwich</b> <b>2. Hot Dog</b>	<u>Soup n' Sandwich:</u> <b>1. Toasted Ham n' Cheese Sandwich w/ Broccoli n' Cheddar Soup</b> <b>2. Cheese Filled Breadsticks w/ Marinara</b> 	<b>1. Baked or Oven Fried Chicken w/ Cornbread</b> <b>2. Mini Corn Dogs</b>	<b>1. Cheese or Pepperoni Pizza</b> <b>2. Chicken Sandwich</b>	(M) Filled Crescent Roll (T) Breakfast Pizza (W) Donut (Th) Biscuit Variety (F) Grits and Sausage
<b>Offered Daily: Assorted Fresh Fruits, Vegetables, Fruit Juices, &amp; Milk Choices</b>		<b>*Alternate Entrees That May Be Available*</b>			<b>* Breakfast Choices That May Be Available *</b>
		<b>PB&amp;J, Deli Sandwich or Wrap, Turkey, Tuna, Chicken or Ham Chef Salads, Fruit n' Yogurt Plate, Pizza Pak</b>			<b>Available Daily for Breakfast:</b> <b>Assorted Grab n' Go Bags, Cereal, Cereal Bars, Muffins, Pop tarts</b>
<b>" This Institution is an Equal Opportunity Provider"</b>					